

BOSS: CALORIE CAVES

DONUTUT

40 POINTS

- 1) If one serving of pizza has 100 calories, and you eat two servings, how many calories did you eat?
A. 100 calories
B. 200 calories
C. 500 calories
D. 700 calories
- 2) Foods that contain a lot of calories in a small or single serving are called what?
A. Calorie intake
B. Total servings
C. Calorie-rich
D. Calorie need
- 3) The amount of food in one serving, as represented by the Nutrition Facts label is called what?
A. Total servings
B. Calorie
C. Calorie-rich
D. Serving Size
- 4) If you eat 4 slices of turkey each containing 50 calories, how many total calories did you eat?
Example: (4 slices x 50 calories =?)
A. 200 calories
B. 300 calories
C. 600 calories
D. 100 calories
- 5) How many calories are in one serving of Dontnut according to his nutrition chart?
A. 400 calories
B. 600 calories
C. 500 calories
D. 700 calories
- 6) How many grams of sugars does Dontnut have in one serving?
A. 12g
B. 33g
C. 60g
D. 80g
- 7) How many servings per container does Dontnut have?
A. 4
B. 6
C. 8
D. 12
- 8) How many grams of total carbohydrates are in one serving of Dontnut?
A. 20g
B. 55g
C. 140g
D. 2g

